**Where taking care of the whole of you is at the heart of all that we do**

A visit to our premises will assure you that we can offer a private, relaxing and confidential location, which enables you to start to relax the moment you step through the door. We aim to give all our clients the opportunity to relax and unwind before and after their treatment and refreshments will be available. Home visits are also available – just use our booking form to make an appointment.

Massage4U offers a selected range of holistic therapies from our comfortable private clinic on the Broadway in Stanmore. Among our range of therapies we can provide Clinical Hypnotherapy, Massage, Aromatherapy, and Reflexology.  
  
The priority of our highly qualified and fully insured therapists is to provide high quality treatment to our clients based on the client’s individual needs. Each new client will be assessed by a therapist to determine the most appropriate treatment, either in the form of sessions with a therapist offering a single therapy or from a combination of therapist and treatments. We believe that this offers the client the best possible standard of care and value for money. This approach balances the client’s preferences and their goals in coming to see us, with our aim to provide a cost effective service.  
  
Holistic therapy is an approach, which treats the client as a whole person and looks at the interactions between how we feel, our physical health, our emotional well being and our thoughts. This approach is complimentary to mainstream medicine and we often work alongside the clients GP or other medical support. This approach is often referred to as the ‘integrated health care model’. We are registered with the NHS Directory of Complementary and Alternative Practitioners.